

Joint Injection Options

Corticosteroid injections: these injections can help relieve pain and inflammation in a specific area of the body.

Viscosupplement Injections

A gel-like fluid called hyaluronic acid is injected into the knee joint. Hyaluronic acid is anaturally occurring substance found in the fluid surrounding joints.

Platelet Rich Plasma injections (PRP)

This therapy uses injections of a concentration of a patient's own platelets to accelerate the healing of injured tendons, ligaments, muscles and joints.

Stem cell injections (BMAC) Bone Marrow

Aspirate Concentration. This is a collection of the patient's bone marrow from the iliac crest (hip bone). Once concentrated, the final product is very similar to PRP but with the addition of stem cells.

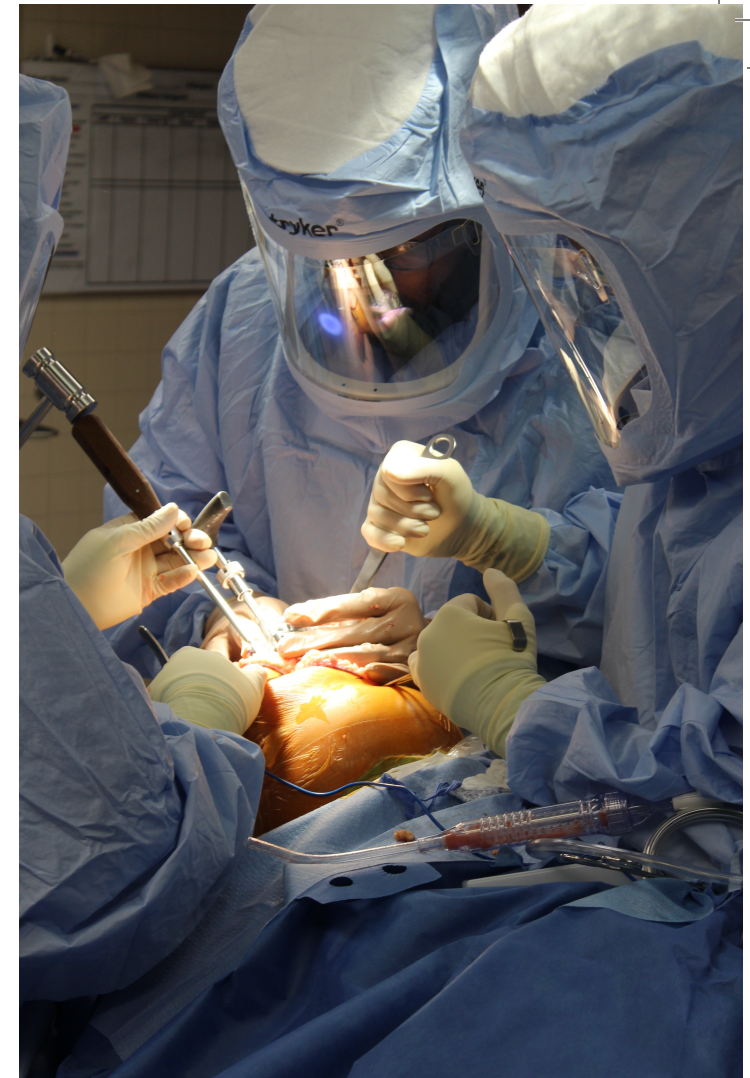
Amniotic Injections derived from placental tissue are NOT used at Daviess Community Hospital



Call 812.254.2663
to schedule an appointment.

**Walk-ins for Student Athletes
are available.**

Monday-Thursday 8 am to 4 pm
Fridays 8 am to noon



**Orthopedics
& Sports
Medicine**

 **CORE Center**

412 E Van Trees, Washington IN 47501





About Us

Our team, led by Orthopedic Surgeon, Dr. Marcus Thorne, and Orthopedic PA, Andrew Houchins, offer patients a comprehensive range of care, including surgical repair and digital imaging, all in one convenient location. Quality patient care is the essential component to the team's service. By offering state-of-the-art facilities with highly experienced staff, our patients are guaranteed premier orthopedic care. Treatment for orthopedic conditions may include medication, exercise, physical therapy, or surgery. We strive to prescribe minimally invasive treatments whenever possible and may recommend mere exercise or physical therapy to help you restore movement and function. Once your acute care is finished, our team will also instruct you on preventive care measures you can take to avoid further injury.

Injuries rarely happen at a convenient time, so we offer walk-in evaluations of acute orthopedic problems for student athletes.

Our Services

We offer comprehensive orthopedic care in • Daviess County, including sports medicine, total patient-specific joint replacement, fracture care, and arthroscopic surgery.

We can treat the following orthopedic conditions:

- Ankle sprains, fractures, and instability
- Rotator cuff impingement, labral tears, shoulder dislocation and shoulder arthritis
- Hand fractures and dislocations
- Sprains and strains
- Muscle or ligament tears
- Injuries to tendons, nerves, or vessels
- Numbness or weakness in the hand or arm, such as carpal tunnel syndrome
- Arthritis, contractures, swelling or inflammation of the joints
- Knee ligament and meniscus injuries
- Treatment of tennis elbow, neuritis, and tendonitis
- Sports injuries

Surgical repairs:

- Total and partial knee replacement
- Anterior and lateral approach total hip replacement
- Total shoulder replacement.
- Reverse shoulder surgery
- Hip replacement surgery
- Meniscus surgery
- Patellofemoral pain surgery
- ACL replacement and cartilage restoration
- And a variety of others to fit your specific needs.



DCH Orthopedics is the exclusive provider of athletic training services for the following student athletes and sports teams:

