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Procedure Title: **Upper GI Series**

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**Patient Name:** \_\_\_\_\_

**Appointment Time:**

When: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

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**Where:** Report to the Admitting department. You should arrive at least 20 minutes before your appointment time in order to be registered.

**Purpose :** This x-ray procedure is designed to examine the esophagus, stomach and duodenum. After these organs have been relaxed by medication and distended with gas, a thin coating of barium suspension is applied to outline their inner surfaces.

**Preparation:** If you are a woman of childbearing age and there is a chance you may be pregnant, please consult your physician before scheduling this exam. Medications can be taken prior to your test. Pills should be taken with just a small amount of water, early in the morning.

If you take insulin, you must consult your doctor about adjusting your dose. You should not take insulin if you are fasting for your exam. However, you should bring your insulin with you so you can take it after the exam. Also, when making an appointment, tell the scheduler if you are diabetic and request an appointment time early in the day.

The presence of food or fluid materials would interfere with the accuracy of the examination. Do not eat or drink after midnight.

A parent or guardian must accompany patients less than 18 years old. Please do not bring children with you to the appointment. Be sure that your doctors office has sent an x-ray request form to the department or that you bring one with you .

**Procedure:** You will be asked to change into a hospital gown since zippers and snaps will interfere with making the images. Women must remove bras. You should also remove any jewelry that may be in the area of neck or abdomen. The test will take around 30 minutes.

You will then be asked to swallow granules or powder in order to produce gas within the stomach. Next you will be asked to begin swallowing the liquid barium. During the course of the examination, you will be helped to turn into various positions to coat and visualize all areas of the upper gastrointestinal tract. A number of x-ray images will be obtained.

The radiologist's report of the results will be sent to your doctor. Your doctor will discuss the results of the test with you.

**After Care:** Resume your normal diet. Increase fluid intake and drink plenty of water. For most patients with normal bowel habits, barium will pass

in one or two days in the form of "white stools." Please call  
(812) 254-8851 if you have additional questions.

**Reviewed:** 02/11/2015