



Healthy Start CARE

COMMUNITIES THAT

Prenatal Incentive Program

Our goal is to ensure mom, baby, (and dad, too) have a happy, healthy pregnancy and are best-prepared for life after baby's arrival. We invite you to enroll with a trained Perinatal Navigator to receive education on Prenatal Care, Labor and Delivery and Infant Health Care. Participants who complete the program may receive gifts such as baby items, maternal items, gift cards, and more!



Program available to residents of Daviess, Dubois, Greene, and Martin County.

Early Care

- When: 0-12 weeks
- Task: Be seen by OB/GYN first 12 weeks of pregnancy
- Action: Enroll in program, complete screening tool with nurse and receive gift for you or your baby!

Making Plans

- When 12-20 weeks
- Task: Plan for baby's arrival as related to having supplies and resources for you and your newborn
- Action: Phone call or home visit with nurse or community health worker and receive a gift for you and your baby!

Prepare for Baby

- When: 20-30 weeks
- Task: 30 min visit from nurse or community health worker at location of your choice. Discussion on safe sleep, best practices, nutrition, diaper changes, breastfeeding, etc.
- Call Perinatal Navigator to schedule your appointment and receive a gift for you and your baby!

Prepare for Birth

- When: 30-37 weeks (or sooner)
- Task: Expectant mother or couple must attend a birth/labor class at your hospital of delivery. *Online classes may be considered in situations.*
- Action: Phone call or home visit with nurse or community health worker and receive a gift for you and your baby!

You have potential to receive incentives as a program participant!

Contact your local Perinatal Navigator to enroll today!

Dubois/Martin County: (812) 309-3983
(call or text welcome)

Daviess County: (812) 254-2760 Ext. 1333 or
(812) 698-6042 (call or text welcome)

Greene County: (812) 847-4481 Ext. 7158 or
(812) 665-0311 (text only)