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Procedure Title: **Ankle Brachial Index**

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**Patient Name:** \_\_\_\_\_

**Appointment Time:**

When: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

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**Where:** You will report to the Admitting area on the 1st floor of Daviness Community Hospital.

**Purpose :** This test uses sound waves and blood pressure readings to check the blood flow into your legs. There is no radiation involved.

**Preparation:** There is no prep for this examination.

**Procedure:** This examination usually takes about 30 minutes. A water-based gel will be applied over the inside of your ankles. A plastic device called a transducer will be moved over the inside of your ankle to check for blood flow.

You will hear sounds during this examination. This will be blood flowing through the vessels. This is normal.

Blood pressure cuffs will then be put on both arms and ankles. The pressures in the ankles will be compared to the arm pressures to assess blood flow.

**After Care:** You may resume all normal activities after the test. Follow up with your attending physician to discuss results. Results are usually available to the physician in 2 business days.

Please call (812) 254-8851 to speak with an ultrasound technologist if you have any questions.

**Reviewed:** 11/11/2014