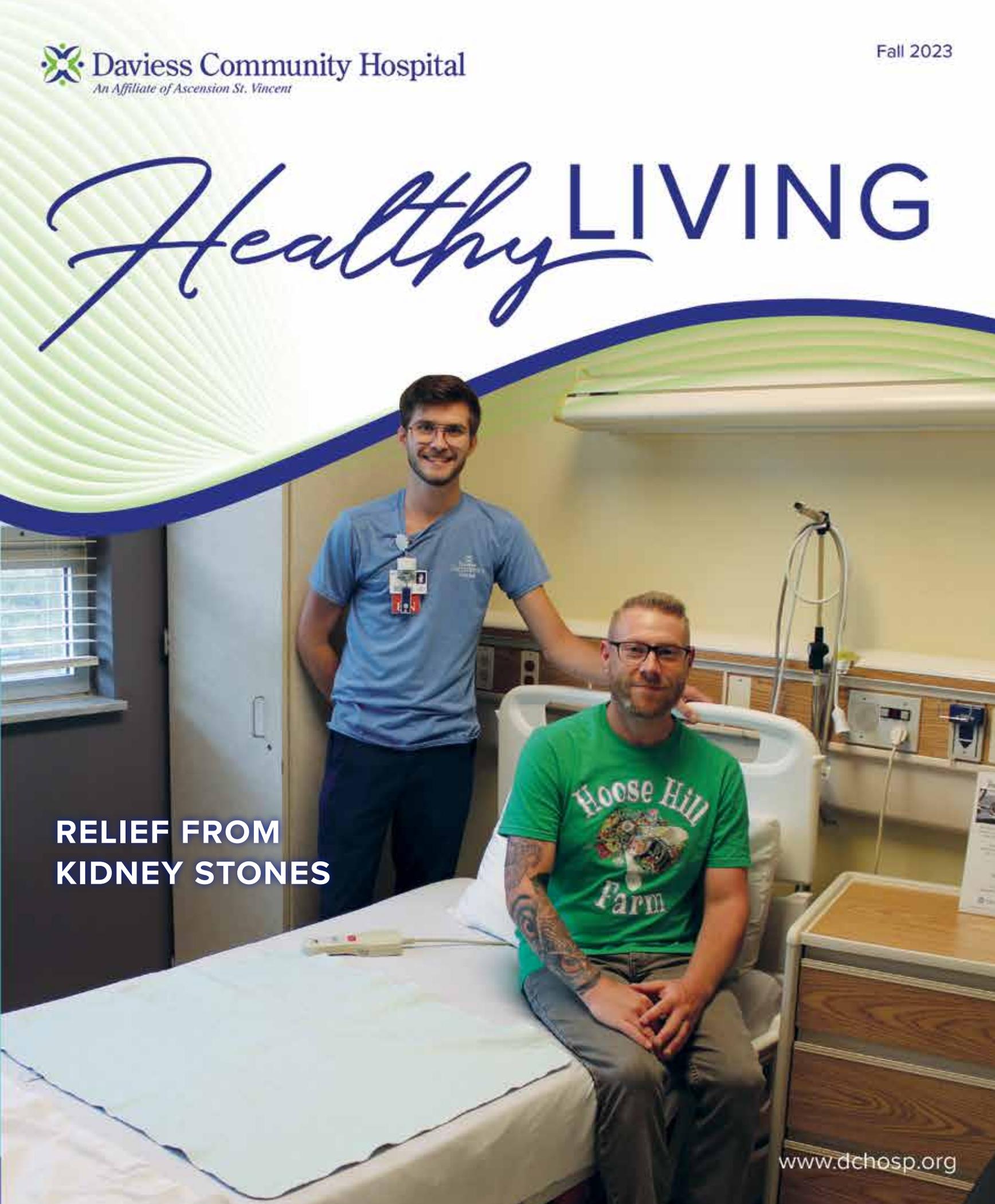


Healthy LIVING



**RELIEF FROM
KIDNEY STONES**

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2023 COMMUNITY HEALTH FAIR



IN MEMORY

The DCH family was saddened by the passing of Joe Kilps, a long-time member of the DCH Auxiliary. He was a wonderful example of kindness and compassion to our patients and employees for many years.

Joe Kilps had a long history with Daviess Community Hospital. He was born here on September 17, 1922, just nine years after the hospital began providing care to patients. He had been a volunteer at DCH since 2008 when his wife passed away.

Joe and his wife had four children, all of whom were born at Daviess Community Hospital in the 1950's and 1960's. Joe recalled that in those days, fathers were not allowed in the room and pictures were not allowed. He remarked that when his grandchildren were born here, circumstances were much different.

In 2013, Joe served on the 100th Anniversary celebration committee. He was glad to help with the planning and research that was done to find the oldest known living person who was born at our hospital. Much to his surprise, the committee discovered that Joe was the person they were looking for the whole time.

Joe was a valuable member of our auxiliary and a friend to all who worked with him at the hospital. He will be greatly missed.

To honor Joe in 2013 as the "Oldest Known Living Person Born at DCH", Daviess Community Hospital placed a special "footprint" medallion on our Cradle Wall located on the second floor next to our nursery.

ERIC'S LIFE WITH KIDNEY STONES

Eric Van-Hoose is no stranger to kidney stones and the pain that typically is a result of the body trying to pass them.

At 14 years old, Eric was rudely awakened by excruciating pain. "My brother was in the bunk bed below me and thought I was dying by the noise I was making," recalled Eric. "My parents laid me down in the backseat of our car and drove me to the local hospital where we lived in Kentucky."

The hospital kept Eric for three days while they performed x-rays and various tests. It was four years later while swimming with friends that Eric developed a "side ache" that progressively worsened. This time it was his friends who took him to the hospital, but his stay was brief before being sent home.

Now at age 40, Eric can trace an unusual back pain that began in 2018 as what probably was the early symptoms of the kidney stones that were removed this year. At times, the pain has been almost unbearable. His wife, Christina, is a therapist at the DCH CORE Center. She has tried several techniques to help relieve the pain.

For the last year, Eric's white blood cell count was high. Dr. Thomas Waits, Oncologist at Daviess Community Hospital, was researching the cause of the elevated count. Infection caused by the kidney stones ultimately was the result.

In June of this year, Eric came to the DCH Emergency Department with debilitating pain. He passed two stones (size 3 and 4) while in the ED, which immediately relieved the pain. He scheduled an appointment a few weeks later with Dr. Kris Gunn, Urologist at Daviess Community Hospital. After scans were performed, the results showed that stones were present in both of Eric's kidneys and surgery was necessary.

Due to the number of stones in his left kidney, and the size of one particular stone (size 9), Dr. Gunn recommended surgery on that side first. He explained to Eric that surgery can only be performed on one kidney at a time since the body needs one good kidney to perform bodily functions.

Two weeks after the first surgery, Eric returned to DCH to have the stones in the right kidney removed.

"I researched the procedure and actually watched a video of it online before the first surgery," said Eric. "It was very eye-opening as to the type of equipment that would be used to get to the stones and remove them."

"Eric is doing all the right things to reduce the likelihood of more stones," said Dr. Kris Gunn, Urologist at Daviess Community Hospital. "Unfortunately, hereditary or genetic conditions beyond his control may also cause recurrent stones."

"Even though none of my siblings have had kidney stones, my fear is still that I might pass this on to my kids," Eric explained.

Kidney stones develop when salts or minerals build up in urine and form crystals. The crystals stick together and get bigger, eventually forming a hard mass called a stone. A 24-hour urine analysis can see if there are high levels of some things in the urine that might cause kidney stones. Urinary pH is also important, as some crystals are more likely to form when urine is too acidic (low pH) and others are more likely to form when it's not acidic enough (high pH).

The results, along with other tests like blood tests and radiology studies, can help doctors find the cause and location of the stones, and plan treatment that might help prevent more kidney stones. After treatment starts, another 24-hour urine collection can help show if it's working.

"I love that Dr. Gunn is so open and approachable with his bedside manner," said Eric. "He was very real and talked to me on my level."

Eric was very pleased with his surgery team and the staff who cared for him both times on our Med Surg unit. "Everyone was exceptional," he recalled. "They answered my call light immediately anytime I needed help or was in pain. To have them help me manage my pain leading up to surgery was a huge relief. David Qualkenbush, one of the nurses on the floor, was great to encourage and support me through my stay both times."

"Eric was in a lot of pain both times he was on Med Surg," recalled David Qualkenbush, RN. "I really enjoyed taking care of him, but I am glad for his sake that he is well enough now to not return to the hospital."

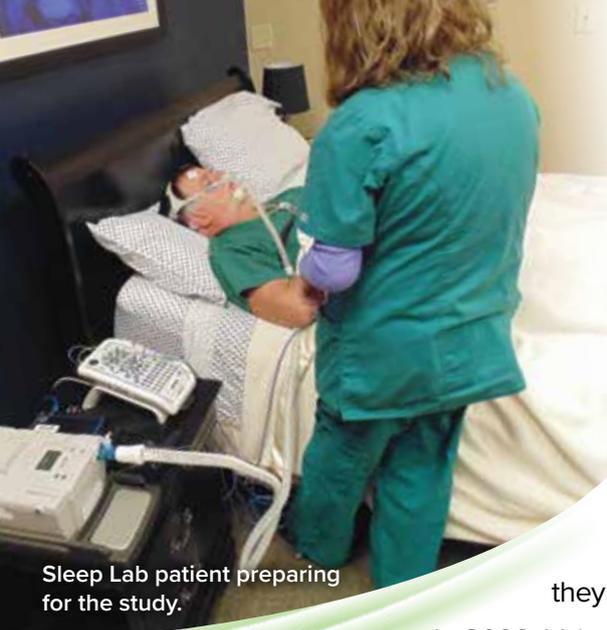
Eric and his family operate "Hoose Hill Farms", a flower and honey destination in Daviess County. There is an incredible amount of labor involved during the summer with watering and nurturing the flowers, vegetables and bees at their business.

"The farm would not have made it through this summer without my wife and daughters taking care of the chores for me," Eric explained. "I am so glad that after the second surgery, I was able to get back to the farm tasks and back to life without pain."



COVER PHOTO

David Qualkenbush, RN with Eric Van-Hoose



Sleep Lab patient preparing for the study.

DCH SLEEP DISORDERS CENTER RECEIVES RE-ACCREDITATION

Daviess Community Hospital is pleased to announce that the American Academy of Sleep Medicine (AASM) has granted accreditation for a period of five years to the DCH Sleep Disorders Center. This accreditation includes all types of sleep testing, including in-center polysomnography (PSG), multiple sleep latency testing (MSLT), maintenance of wakefulness testing (MWT) and home sleep apnea testing (HSAT).

“The process began back in 2016 with our initial accreditation,” explained Tracy Conroy, CEO. “We chose AASM over two other accrediting organizations because they truly are the sleep experts. We are pleased to be accredited once again this year.”

In 2022, Valerie Roark and Dr. Anand Bhuptani, a Pulmonologist for DCH who is Board-certified in Sleep Medicine and serves as medical director for the DCH Sleep Lab, began a year long process of completing the reaccreditation process. The application requires many statistics, diagnosis codes, proof of hospital license, blueprints of the sleep lab and credentials for every physician and technician who is involved in the sleep program. Once the application is submitted, AASM replies with any corrective measures. When all corrective measures are resolved to the satisfaction of AASM, the facility is granted reaccreditation for a period of five years.

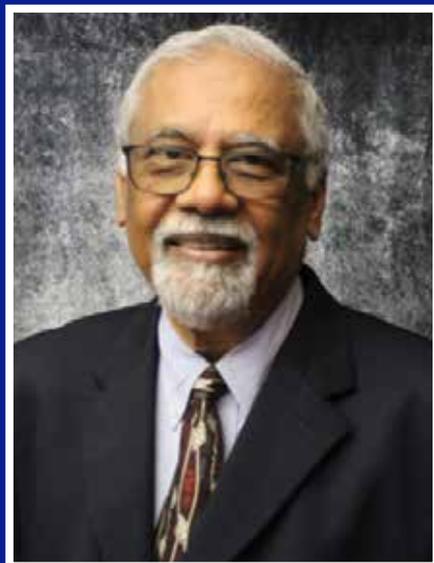
“This accreditation is huge for a hospital our size,” remarked Conroy. “It speaks highly to Daviess Community Hospital and our commitment to providing the highest possible quality of care to the patients visiting our sleep center and doing so with both the patient and technicians safety foremost in our mind.”

The AASM is committed to ensuring that those in the field of sleep medicine provide excellent healthcare and enhance the awareness of sleep as an important element for health, public safety, and quality of life. By successfully completing the accreditation process and upholding the Standards for Accreditation, the DCH Sleep Disorders Center has shown that they are dedicated to the advancement of the field of sleep medicine through testing, education and helping physicians to diagnose sleep disorders.

WELCOME DR. MATHEW

Alexander Mathew, MD, FRCSC, FACS, has provided services for Daviess Community Hospital for over 10 years. He has recently joined our Washington Surgical Associates practice as a full-time general surgeon. Dr. Mathew has over 30 years of general surgery experience having practiced in Canada, as well as Bedford and Bloomington, Indiana. He is well experienced in all aspects of general surgery including advanced laparoscopic surgery, such as minimally invasive hernia repairs, gallbladder removal, and colon resections. Dr. Mathew also performs endoscopic procedures such as colonoscopy and EGD. He is board certified by the Royal College of Physicians and Surgeons of Canada, and Fellow of the American College of Surgeons. Dr.

Mathew is a member of the Indiana State Medical Association and the Credentialing Committee of Anthem Blue Cross. Dr. Mathew enjoys reading, classical music, and classic cars.



Alexander Mathew, MD, FRCSC, FACS

DAVISS COMMUNITY HOSPITAL AWARDED MATERNAL HEALTH GRANT

Daviess Community Hospital announced today it has received a grant totaling \$579,944.00 from the Indiana Department of Health to improve maternal and infant health as part of the state's Health Issues and Challenges program. This program was established by the Indiana General Assembly in 2021 with funding from the American Rescue Plan Act. The additional funding was made possible through the Epidemiology and Laboratory Capacity (ELC) through the CDC.

The grant will help to expand the current Mobile Integrated Health program to address maternal health in Daviess County. Under this program, an additional community paramedic, nurse navigator, and three community health workers will work together with our existing Community Paramedic and Transitional Care Nurse Navigator.

With the implementation of this extension, DCH will focus on the following areas affecting maternal and infant health in Daviess County:

- Mental health and Substance Use Disorder treatment
- Hypertension Disorders
- Preconception, Conception, and Post-Conception follow-up for patients until the child is 18 months old
- Education regarding Sudden Infant Death Syndrome
- Safe Sleep
- Tobacco Cessation
- Car Seat Safety

"We are excited to have this opportunity in Daviess County and the surrounding counties! The Mobile Integrated Health Perinatal Grant gives us the chance to help mothers and babies with barriers to care or with advanced care needs."

- Shawna O'Kelley
Brinson, DCH
OB Director

For more information about Daviess Community Hospital and the Mobile Integrated Health program, please visit their website at www.dchosp.org.



DAVISS COMMUNITY HOSPITAL WELCOMES NEW CFO

Daviess Community Hospital welcomes April Settles to her new position of Chief Financial Officer.

April is a 2001 graduate of White River Valley High School and a 2005 graduate of the University of Southern Indiana.



April Settles, CFO

April brings a great deal of experience on which to draw, previously serving as Chief Financial Officer for Greene County General Hospital. She also has worked as an Audit Supervisor for BKD, a public accounting firm in Evansville, and was a Vice President, Trust Officer for German American Bank in Jasper. She is a Certified Public Accountant,

a member of the Healthcare Financial Management Association, American Institute of Certified Public Accountants, and the Indiana CPA Society.

April is currently a member of the Bloomfield Rotary Club, a volunteer at Lyons Community Food Pantry, is a Youth Development Coach at DistinXion, serves as WRV's Varsity and Junior High soccer coach, and the WRV Varsity girls' basketball coach. April has been married to her husband Matt for 17 years and has two daughters, Maddy, who is in the 6th grade, and Molly, who is a freshman.

Please join us in welcoming April to her new role!

DAVIESS COMMUNITY HOSPITAL

For the year ended December 31, 2022

OPERATING REVENUE

Inpatient Revenue	40,446,906
Clinic Revenue	13,636,894
Outpatient Revenue	116,036,918
Total Acute Care Patient Revenue	170,120,718
Hospice Care Revenue	819,280
Total Revenue	170,939,998

DEDUCTIONS FROM REVENUE

Contractual Allowances	81,472,859
Charity	448,930
Bad Debt	2,951,159
Other Allowances	25,628,662
Total Deductions	110,501,610
Other Operating Revenue	1,942,727
Total Net Revenue	62,381,116

OPERATING EXPENSES

Salaries and Wages	27,706,439
Physician Salaries	3,200,818
Benefits	6,564,167
Fees-Physicians	6,322,533
HAF	4,136,272
Fees-Other	(7,442,431)
Physician Recruitment/Retention	330,078
Supplies	9,101,949
Utilities	1,181,215
Repairs/Maintenance/Rent	5,908,745
Insurance	882,883
Interest Expense	416,876
Other Expense	1,048,958
Depreciation and Amortization	3,428,760
Total Expense	62,787,263
Income from Operations	(406,147)

NONOPERATING REV/EXP

Other Expenses	3,733
Other Income	220,758
Total Nonoperating	217,025
Net Profit/Loss	(189,122)



DAVISS COMMUNITY HOSPITAL *at a Glance*

EXPENDITURES

Salaries and Wages	30,907,258
Benefits	6,564,167
Professional Fees and Purchased Services	3,016,374
Supplies and Drugs	9,101,949
Other	9,768,755
Depreciation	3,428,760
Total	62,787,263

AS A % OF OPERATING EXPENSES

Salaries, Wages & Benefits	59.7%
Supplies and Drugs	14.5%
All Other Expenses	20.4%
Depreciation	5.5%

COST PER DAY TO OPERATE \$172,019.90

FOR EVERY DOLLAR CHARGED \$1.00

Contractual	\$(0.63)
Charity	\$(0.003)
Bad Debt	\$(0.02)
Total Cost of Write-offs	\$(0.65)

REMAINING AMOUNT TO COVER OPERATING EXPENSES \$0.35

Salaries, Wages & Benefits	\$(0.18)
Supplies and Drugs	\$(0.05)
Other	\$(0.11)
Depreciation and Amortization	\$(0.02)

449
TOTAL BIRTHS

1,676
TOTAL SURGERIES

100
REHAB
ADMISSIONS

21,057
RESPIRATORY TESTS

77,058
CORE CENTER VISITS
(PT, OT, ST)

267,142
TOTAL LAB TESTS

Imaging

27,334 TOTAL IMAGING

1,948 MAMMOGRAMS



12,052 VISITS **701** ER PATIENTS ADMITTED

TOTAL ER, INPATIENT AND OUTPATIENT ADMISSIONS

Outpatient

51,593
CLINIC VISITS

13,946
QUICK CARE VISITS

Employment

612
TOTAL # OF EMPLOYEES

449.5
FULL TIME EMPLOYEES

\$25,136 PROPERTY TAXES PAID

\$448,930
CHARITY CARE

The Daviess Community Hospital Auxiliary recently donated \$10,000.00 to the hospital to be used toward the cost of the new Magnetic Resonance Imaging (MRI) equipment which will be installed in 2024.

Pictured are Auxiliary Board members Donna Keller, Pat Brochin, Bill Harder, Margaret Colbert and DCH Service Excellence Director - Angie Steiner.



SENDING SMILES

Thanks to Jeannie Burks, RSVP is “Sending Smiles” to people needing care at Daviess Community Hospital. Jeannie and the RSVP staff have been teaching members to use cricut cutting machines to make beautiful paper flowers. Their creations are then made into bouquets and delivered to bring some cheer. Since August, the volunteers have delivered three vases each week to be given to patients who may not have any flowers to brighten their room.

This project was funded by Americorps Seniors through a Senior Demonstration Grant. Thank you to RSVP for your thoughtfulness!



Pictured L to R is Kim Bledsoe, Elke Guratzsch, Sandy Shelton, Betty Huelsman and Jeannie Burks

BABY NAVARAH'S EXTENDED STAY AT DCH

Brionna Gully was in her third trimester of her pregnancy when she began feeling nauseous and experiencing high blood pressure. Her lab results indicated that she had preeclampsia and the birth of her child would be sooner than expected. Due to concerns for mother and baby, Brionna's obstetrician, Dr. Jonathan Frances, made the decision to induce her labor.

On July 21, 2023, Navarah Elayne Taylor arrived, weighing only 4lbs and 5oz. Even though Navarah was born about 7 weeks premature, she did very well throughout her stay. She spent a small amount of time in the special care nursery on CPAP, for respiratory support. She also spent some time in the incubator to help keep her tiny body warm. This helped her to avoid burning calories to stay warm which she needed to gain weight.

"Thanks to the advanced training of the nurses and respiratory therapists of our Level II Nursery, we were able to keep Navarah here at DCH where she could be close to her mother and family," said Miranda Schneider, NNP-BC. "We are now able to provide bubble CPAP and other forms of respiratory support for babies born early or sick."

Brionna said, "Miranda and all of the staff provided great care and helped me with Navarah until she was able to go home."

Brionna was able to stay as a guest at the hospital the whole time that Navarah was a patient. She was able to be involved in her care, as well as being able to pump and give her breastmilk. Being able to keep Navarah close to home also allowed Brionna to still spend time with her two other small children.



Pictured are:
Brionna Gully,
Baby Navarah, and
Miranda Schneider NNP-BC

ABOUT THE DCH LEVEL II NURSERY

In November 2021, the Maternal and Child Health Division at the Indiana Department of Health granted Daviess Community Hospital an Obstetric Level of Care II and Neonatal Level of Care II.

The certification is effective through November 22, 2024. Daviess Community Hospital must apply for recertification before the expiration of the current certification.

This designation means DCH is certified to provide care to appropriate high-risk pregnant patients and the Special Care Nursery is able to provide care for infants who are born premature or moderately ill (those that are at least 32 weeks gestation and weigh at least 3 pounds.)

Additionally, DCH's Level II nursery is certified to care for babies who have been released from a neonatal intensive care unit but aren't quite ready to go home.

"There are few things more special than having a baby," said DCH CEO Tracy Conroy. "Our skilled maternity staff is committed to providing a safe and caring environment for each mother. This certification reinforces the excellent care our OB team provides to our region, allowing area mothers to give birth close to home."

To learn more about DCH's maternity services, visit our website at www.dchosp.org.



Megan Stevenson, MD

WELCOME MEGAN STEVENSON, MD TO THE DCH ACTIVE MEDICAL STAFF!

Dr. Stevenson is a general surgeon joining Dr. Alexander Mathew and Dr. Michael Boyd at Washington Surgical Associates. Dr. Stevenson received her medical degree from University of Cincinnati College of Medicine in Ohio and completed a residency in general surgery at the University of Cincinnati Medical Center. She also completed a fellowship in complex general surgical oncology and received a master of public health degree at University of Louisville in Louisville, Kentucky. Dr. Stevenson is certified by the American Board of Surgery.

To schedule an appointment with Dr. Stevenson, please call Washington Surgical Associates at 812-254-8856.

Pictured left to right: Greg Sigmon, Steve Bateman, Wesley Capehart, Joe Gardner (Medxcel Director of Facilities Management.), Derik Belcher (Medxcel Facilities Manager), Perry Knepp, Toby Mandabach, and Dustin Hash



DCH FACILITIES MANAGEMENT TEAM RECEIVES AWARD

The Medxcel facilities management team at Daviess Community Hospital recently received the FMOS award which is given to organizations with a regulatory compliance rate of 95% or higher. DCH is one of only 65 (11 in Indiana with 3 of those in the Southern Region) organizations across the country to receive this award.

Medxcel assumed management of the hospital's maintenance services in 2018. Since that time, many facility improvements have been made including emergency management & safety, grounds, environment of care and survey readiness. This is the 4th consecutive year that the DCH team has received this recognition.

Medxcel understands that providing a safe and compliant healthcare environment is their key role in supporting quality care of patients, staff and visitors. As a result, Medxcel had identified a methodical way of ensuring no risks are overlooked as it pertains to the Environment of Care (EOC).

“Our associates work continually to create and maintain excellence in the workplace,” says Joe Gardner, Medxcel Facilities Director. “The excellence everyone brings to

work each day all comes together to create a lasting impact. Our job is to keep our hospitals operating efficiently, effectively and safely.”

FMOSTM, short for Facilities Management Operating Systems is a tool to help facilities measure, monitor and maintain regulatory compliance pertaining to the EOC. Nearly 75% of facilities management activities are subject to regulatory standards, which are designed to reduce risks to anyone who steps into a healthcare facility. With that in mind, FMOSTM organizes policies, procedures and documentation for quick access. In doing so, Medxcel's Regulatory Compliance team facilitates the work of surveyors, giving facilities the best chance of passing the EOC portion of a regulatory survey.

For Medxcel associates, FMOSTM also means they can catch potential issues early, before they snowball into expensive, time-consuming problems.



DCH FOUNDATION RAISES OVER \$40,000 FOR EXPANSION AND RENOVATION

Over one hundred golfers enjoyed sunny skies and warm temperatures which made the day nearly perfect for the 30th Annual Daviess Community Hospital Foundation Golf Benefit. This year's event was held on Thursday, August 10th at Country Oaks Golf Club near Montgomery, IN.

According to Angie Steiner, Director of the DCH Foundation, "Each year we have been fortunate to have many local and regional sponsors and individuals supporting our efforts through donations and players. Everyone comes together to support the Foundation and Daviess Community Hospital projects while having a fun day on the course."

The sponsors and individual players are vital to raising the funds for hospital projects, but the event would not be possible without the volunteers to make it happen. This year, the list of volunteers included those who have benefited from past projects including scholarship recipients, healthcare professionals from the DCH Wound Care clinic, and several DCH employees. Tents on the course provided information about the hospital, fun games, and refreshments for the golfers.

"It was great to see so many new and familiar faces assisting with this year's golf outing," remarked Tracy Conroy, DCH CEO. "They are an outstanding group of people who understand the importance of raising funds for the Med Surg/ICU and Emergency Department renovations. The event was extremely well organized, which shows the dedication and hard work of those who put it together."

This year's event raised more than \$40,000 to support the renovation and expansion project which is currently in phase I. Phase II is slated to begin in early 2024. With an estimated cost at more than \$8 million, this project is a significant part of a larger master facility plan encompassing a significant area of the first and second floor of Daviess Community Hospital that includes a renovated medical/surgical unit combined with a state-of-the-art ICU, expanded/renovated emergency department and modernized public and support areas. These updated facilities will equip Daviess Community Hospital to transform the care they provide to Daviess County and the surrounding communities for generations to come.

"We are grateful to those who supported this program through the golf outing this year and we look forward to engaging many in the community as we launch a Capital Campaign," Angie Steiner remarked.

Next year's golf event will again be held on the second Thursday in August. For more information on the Foundation efforts, please contact Angie Steiner at 812-254-8858 or asteiner@dchosp.org.



PICTURED ABOVE
April Settles, CFO; Jim Martin;
and Tracy Conroy, CEO.

PICTURED LEFT
Members of Team Wagler –
winners of the 2023 DCH
Foundation Golf Outing.

1314 East Walnut Street
Washington, IN 47501
812-254-2760 • 1-800-356-2077

www.dchosp.org



Community Health Fair

October 27, 2023
7:00 am to 11:00 am
Simon Graber Complex in Odon

Labs, Screenings, Vendors and More!
Free biscuits & gravy!

Courtesy shuttle to and from DCH
for women getting mammograms and
dexa scans



scan code for details