

# Healthy LIVING



**PATIENT HAS  
HIGH PRAISE FOR  
DR. KRIS GUNN**

# PATIENT HAS HIGH PRAISE FOR

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According to the American Cancer Society, prostate cancer tends to run in some families, which suggests, in some cases, there may be an inherited or genetic factor. Still, most prostate cancers occur in men without a family history of it.

Having a father or brother with prostate cancer more than doubles a man's risk of developing this disease. (The risk is higher for men who have a brother with the disease than for those who have a father with it.) The risk is much higher for men with several affected relatives, particularly if their relatives were young when the cancer was found.

The Young family from Jasper knows all too well about the statistics related to prostate cancer. Jeff Young has graciously agreed to share his story with us about his family history and the care he has received from Dr. Kris Gunn, Urologist with Daviess Community Hospital.

Jeff was born and raised in Jasper, Indiana. Life took him to other parts of the country while he was in the Air Force until his retirement in 1995 when he brought his family back to his Indiana roots.

After settling back into life as a Hoosier, Jeff then spent another 21 years with the Jasper City Police Department until his second retirement in 2016.

In recent years, Jeff and one of his sons have kept busy with "flipping" houses for various family members.

"On my dad's side of the family, most men since my grandfather have had prostate cancer," Jeff said. "My grandfather was 63 years old when he died from it, my dad was 59 years old when he was diagnosed with it. All four of my dad's brothers have had it, and now a first cousin has been diagnosed with it as well."

"When my dad was diagnosed, my mother made it her mission to research the best doctors and treatments for prostate cancer," Jeff recalled. "She identified a doctor at Barnes-Jewish Hospital/Washington University in St. Louis, MO, named Dr. William Catalona (aka "the father of PSA testing")."

As a mother of four sons, Jeff's mom then became an advocate for them and encouraged them to have PSA testing while also providing them with educational materials on the subject.



# DR. KRIS GUNN

Fast forward to 2012 when Jeff discovered he had an elevated PSA level during an annual exam. “About the same time I was planning to schedule an appointment with a urologist, my dad went to a seminar featuring Dr. Kris Gunn,” Jeff said. “When my dad learned that Dr. Gunn was a resident at the same university hospital where Dr. Catalona had taught, he insisted that I make an appointment with him.”

**“Every time I came back to see him, Dr. Gunn and I had great conversations,” he said. “He has such a great rapport with people and really cares about what you’re going through.**

***I have 100% confidence in him if there is an issue, he will find it.***”

Jeff was immediately impressed by Dr. Gunn’s knowledge, compassion and approach to a care plan. “Dr. Gunn treated me as an individual and did not sugar coat the risks associated with the elevated PSA,” he said. “He respected whatever decision I made after giving me all options.”

Based on his family history, Jeff firmly believes it is a matter of “when”, not “if” he will be diagnosed with prostate cancer. In 2013, Dr. Gunn performed the first biopsy, which was negative. In 2015, a second biopsy was performed which also came back negative.

Jeff’s PSA levels were up again this summer. This time, a 4Kscore was performed and the results came back as “low risk”. The 4Kscore combines four prostate-specific biomarkers with clinical information to provide man with an accurate and personalized measure of their risk for aggressive prostate cancer.

Jeff has returned on a regular basis since 2012 to be tested and visit with Dr. Gunn. “Every time I came back to see him, Dr. Gunn and I had great conversations,” he said. “He has such a great rapport with people and really cares about what you’re going through. I have 100% confidence in him if there is an issue, he will find it.”

Dr. Gunn is the first to admit he does not want to find any cancer in any of his patients, but he also knows early detection is the best way to fight it.

Dr. Gunn remarked, “Jeff has done a great job of sticking to the follow up appointment schedule and wants to stay ahead of any changes in his health. I have had patients who do not take their PSA numbers and family history seriously until cancer is discovered.”

Jeff also has great things to say about Dr. Gunn’s staff. “I have the best care whenever I go to the office,” he said. “They are all very polite, caring and treat me like one of the “family”.”

Both Dr. Gunn and Jeff highly recommend that all men get a baseline PSA, especially if there is a family history of prostate cancer.

**For more information about any urology procedures and services or to schedule an appointment with Dr. Gunn, please call 812-254-2872.**

## **COVER PHOTO**

**Kris Gunn, MD with Terry Young, retired Air Force and retired police officer**

# DAVIESS COMMUNITY HOSPITAL RECEIVES HEALTH ISSUES & CHALLENGES GRANT

Daviess Community Hospital announced they have received a grant totaling \$933,300 from the Indiana Department of Health to establish a Community Paramedic Program as part of the state's Health Issues and Challenges program, which was established by the Indiana General Assembly in 2021 with funding from the American Rescue Plan Act.

The Community Paramedic Program is a patient-centered model of care delivered in a patient's home. This includes working with a team to coordinate in-home visits as well as the use of telehealth. The Community Paramedic will assist with health screenings, vaccinations, treatments and follow-ups. The program will also include social work, substance abuse resources, mental health, chronic disease management and more.

"DCH EMS being awarded this grant provides an exciting opportunity for us to further expand the skill set of our paramedics, and to further their reach into the community to address some of our population's most pressing health and wellness challenges," said Keith Miller, COO at Daviess Community Hospital. "Being able to expand the capabilities of our paramedics to address more primary and preventative health needs of our community will increase resources for at-

risk Daviess county residents, and help us on our journey towards a healthier community."

Daviess Community Hospital is one of more than 150 entities to receive funding for the Health Issues and Challenges program, which focuses on the following priority areas: tobacco use, food insecurity/obesity, lead exposure, hepatitis C, chronic disease, public health prevention programs, and substance use disorder and community health workers. Priority was given to applicants

that demonstrated high need and high impact in their grant proposals.

The state awarded more than \$35 million statewide in the initial round of funding.

**For more information about Daviess Community Hospital Community Paramedic Program, contact Tim Lowe, Director of Emergency Medical Services at 812-254-2760 ext. 1540.**

About 85% of breast cancers occur in women who have no family history of breast cancer.



**Schedule your 3D Mammogram today. 812-254-9324  
No Referral Needed | Recommended for women 40+**

Daviess Community Hospital was awarded support grant funds to help provide assistance to breast cancer patients who need financial assistance for gas, utilities and other necessities. For information on how to receive these services, please call 812-254-2856.

 **Daviess Community Hospital**  
An Affiliate of Ascension St. Vincent  
1314 E Walnut Street, Washington IN | dchosp.org





# DCH AWARDED SUBSTANCE MISUSE PREVENTION AND MENTAL HEALTH PROMOTION SERVICES GRANT

The Division of Mental Health and Addiction was awarded a grant through the American Rescue Plan Act of 2021 funding through the Substance Abuse and Prevention and Treatment Block Grant Program. Daviess Community Hospital is pleased to announce that they recently received a portion of this funding for programs to address needs through the Substance Abuse and Mental Health Promotion Services for Older Adult Populations (50+).

This two-year grant requires that DCH identifies a specific group of people over the age of 50 years who reside in public housing and provide them with monthly educational and health-related activities. A grant coordinator, clinical coordinator and project director have been identified and are working with other organizations to create meaningful events.

Daviess Community Hospital was required to work with a local cross-functional team. Daviess Community Hospital has selected to partner with DCH Transitions, DCH Peer Recovery, Washington Housing Authority, Retired Senior Volunteer Program, Daviess County Health Department, and Senior and Family Services. These relationships will be vital in building relationships with individuals and producing lasting change within the community.

DCH has identified the need for the aging population to access mental health and substance use prevention education and resources. As part of this prevention implementation, special focus will be given to community areas considered high risk for mental health and substance use.



## A GRATEFUL FAMILY

Kindly let me take this time out to thank the wonderful staff at the Daviess Community Hospital. I brought my son in due to dehydration and who also was positive for COVID. The ER staff made my son and I feel comfortable and took the time to answer all my questions as a concerning mother. He was later admitted to the second floor of the hospital for observation. His overnight nurse Anne Jones was wonderful and helped ease my mind. She checked on us several times and took the time to make sure I was okay as well.

I would also like to thank Dr. De La Vergne, DCH Pediatrician. Being in a hospital is a scary experience, but she reassured me everything was going to be okay. The amount of care she provided and extra effort to make my son feel comfortable is truly remarkable. Thank you, Doctor!

Alec also received a wonderful gift bag from DCH. He was thrilled to see what all he received and loved showing off his stuff to the nursing staff. The bag included a soft blanket, stuffed dinosaur, and much more. Thank you, DCH, for putting a smile on my little boy's face!

Sincerely,  
Jaclyn Durnil

### ABOUT THE DCH PEDIATRIC "COMFORT BAGS"

Since 2014, the Marketing department at Daviess Community Hospital has provided a special bag of items to each pediatric patient who is admitted to DCH. Each bag contains several items that are specifically chosen for the child based on age and gender. Many items have been donated and others are purchased by the hospital.

All kids receive a fleece blanket or pillow along with age-appropriate toys, games and other miscellaneous items to occupy their time while in the hospital. Items such as a water bottle, pen, notepad, and tissues for the parents of small children are also included in each bag.

**Several individuals as well as the hospital auxiliary have donated money or items for these bags. To learn more about this program, please contact Angie Steiner at 812-254-8858.**

# DAVISS COMMUNITY HOSPITAL

For the year ended December 31, 2021

## OPERATING REVENUE

Inpatient Revenue	\$44,637,447
Clinic Revenue	\$14,725,834
Outpatient Revenue	\$109,946,112
<b>Total Acute Care Patient Revenue</b>	<b>\$169,309,393</b>
<b>Hospice Care Revenue</b>	<b>\$550,240</b>
<b>Total Revenue</b>	<b>\$169,859,633</b>

## DEDUCTIONS FROM REVENUE

Contractual Allowances	\$76,967,240
Charity	\$477,090
Bad Debt	\$3,254,253
Other Allowances	\$24,686,020
<b>Total Deductions</b>	<b>\$105,384,603</b>
<b>Other Operating Revenue</b>	<b>\$6,405,276</b>
<b>Total Net Revenue</b>	<b>\$70,880,306</b>

## OPERATING EXPENSES

Salaries and Wages	\$24,463,043
Physician Salaries	\$3,277,070
Benefits	\$7,860,102
Fees - Physicians	\$6,534,742
Fees - Other	\$7,748,263
Physician Recruitment/Retention	\$163,021
Supplies	\$9,488,538
Utilities	\$1,126,470
Repairs/Maintenance/Rent	\$5,581,497
Insurance	\$806,432
Interest Expense	\$345,704
Other Expense	\$992,137
Depreciation and Amortization	\$3,458,846
<b>Total Expense</b>	<b>\$71,845,865</b>
Income from Operations	\$(965,559)

## NONOPERATING REV/EXP

Other Expenses	\$420
Other Income	\$92,548
<b>Total Nonoperating</b>	<b>\$92,128</b>
<b>Net Profit/Loss</b>	<b>\$(873,431)</b>



# DAVISS COMMUNITY HOSPITAL *at a Glance*

## EXPENDITURES

Salaries and Wages	\$27,740,113
Benefits	\$7,860,102
Professional Fees and Purchased Services	\$14,283,005
Supplies and Drugs	\$9,488,538
Other	\$9,015,261
Depreciation	\$3,458,846
<b>Total</b>	<b>\$71,845,865</b>

## AS A % OF OPERATING EXPENSES

Salaries, Wages & Benefits	49.6%
Supplies and Drugs	13.2%
All Other Expenses	32.4%
Depreciation	4.8%

## COST OF WRITE-OFFS

Contractual Allowances	\$28,335,640
Charity	\$175,642
Bad Debt	\$1,198,060
Other Allowances	\$9,088,207
<b>Total Cost of Write-offs</b>	<b>\$38,797,548</b>

**Cost Per Day to Operate \$187,362**

## FOR EVERY DOLLAR CHARGED \$1.00

Contractual	\$(0.60)
Charity	\$(0.003)
Bad Debt	\$(0.02)
<b>Total Cost of Write-offs</b>	<b>\$(0.62)</b>

## REMAINING AMOUNT TO COVER OPERATING EXPENSES \$0.38

Salaries, Wages & Benefits	\$(0.19)
Supplies and Drugs	\$(0.05)
Other	\$(0.12)
Depreciation and Amortization	\$(0.02)

**461**

TOTAL BIRTHS

**1,802**

TOTAL SURGERIES

**102**

REHAB  
ADMISSIONS

**27,163**

RESPIRATORY TESTS

**76,691**

CORE CENTER VISITS  
(PT, OT, ST)

**277,974**

TOTAL LAB TESTS

*Imaging*

**28,435**

TOTAL  
IMAGING

**1,765**

MAMMOGRAMS



**11,516**

VISITS

**798**

ER PATIENTS  
ADMITTED

TOTAL ER, INPATIENT AND OUTPATIENT ADMISSIONS

*Outpatient*

**42,895**

CLINIC VISITS

**15,078**

QUICK CARE VISITS

*Employment*

**856**

TOTAL # OF EMPLOYEES

**469.9**

FULL TIME EMPLOYEES

**\$0**

PROPERTY  
TAXES PAID

**\$477,090**

CHARITY CARE



## DAVISS COMMUNITY HOSPITAL WELCOMES NEW UROLOGIST

Daviess Community Hospital is pleased to announce that Kristopher Gunn, MD, has joined the medical staff at Daviess Community Hospital and will serve as a full-time urologist at the DCH Medical Clinic. Dr. Gunn is joined by Christy Breitweiser, FNP-C, and his devoted team of office support staff.

Dr. Gunn brings 10 years of expertise to the patients of Daviess County and the surrounding area.

A native of Evansville, IN, Dr. Gunn received his medical degree at Indiana University School of Medicine in Indianapolis. He completed his residency in urology at Washington University Barnes-Jewish Hospital in St. Louis, Missouri and completed a research fellowship at University of North Carolina School of Medicine's Division of Urologic Surgery in Chapel Hill, North Carolina. Dr. Gunn is a member of the American Urological Association. He is on the Active Medical Staff at Daviess Community Hospital and is board certified in Urology. Dr. Gunn is certified by the American Board of Urology.

**Dr. Gunn is accepting new patients. To learn more about DCH Urology services or to schedule an appointment, you may contact the office by calling 812-254-2872.**



*Kristopher Gunn, MD*

## DAVISS COMMUNITY HOSPITAL WELCOMES LESLIE GUY, DNP

Daviess Community Hospital is proud to welcome Leslie Guy, DNP, to the Lohano Center for Advanced Medicine in the Endocrinology Department. She joins Dr. Vasdev Lohano in treating patients at the hospital's main campus.

Leslie received her family nurse practitioner degree at the University of St. Augustine for Health Sciences. She completed the DNP program at the University of St. Augustine for Health Sciences after completing practicum training at the Lohano Center for Advanced Medicine. Leslie is board certified by the AANP. She is now a member of the Endocrine Society.

Leslie is a native of Loogootee, IN. She has 23 years of experience of nursing experience.



*Leslie Guy, DNP*

## DAVISS COMMUNITY HOSPITAL WELCOMES CHRISTY BREITWEISER, FNP-C

Daviess Community Hospital is proud to welcome Christy Breitweiser, FNP-C, to our medical staff. She joins Dr. Kris Gunn in treating patients at the hospital's urology office.

Christy received her Associates in Nursing through Vincennes University. She then went on to receive her Bachelor's degree from Indiana Wesleyan University and her Masters in Nursing from Ball State University. She is Board-certified by the American Academy of Nurse Practitioners (AANP).

Christy is a native of Dubois, IN. She has over 25 years of healthcare experience, including 20 years as a surgery nurse and 5+ years as an NP in Urology with Dr. Gunn.



*Christy Breitweiser, FNP-C*



# INJURY LANDS JO ARTHUR IN THE EMERGENCY DEPARTMENT

February 8th had been an ordinary day for the Arthur family. Jo Arthur had just come home from an afternoon of playing cards with her friends. One of her sons was napping and her husband, Bob, was reading in the family room.

As Jo walked from the front door toward the back of the house, she suddenly fell to the floor. There was no logical explanation as to why she fell. As soon as Jo was able to look at her foot, she realized that it was not in its normal position. "My right foot was sideways with a bone coming out of the ankle," Jo recalled.

Her husband, Bob, heard the fall and came to see what happened. "He took one look at my foot, and immediately called 911," she said. "My son came out to see what was going on. He took one look at my foot and later passed out."

Soon after Bob made the 911 call, a Washington Fire Department crew and DCH EMS arrived. Jo recalls that one of the firemen was holding her foot as the EMS crew prepared to place her on a stretcher. "The first responders did a wonderful job in getting me to DCH."


Fortunately, the shock of what Jo experienced prevented her from feeling any pain.

When Jo arrived at the Daviess Community Hospital emergency department, her condition was immediately assessed and the Orthopedic team was called in.

Andy Houchins, Physician Assistant, was first to arrive to meet with Jo. "There was an initial irrigation, IV antibiotics, reduction and splinting under IV sedation in the ER which is important for initial trauma management," said Houchins. "While that was happening, I had already put the wheels in motion for the OR team to come in. As soon as Dr. Thorne arrived and visited with the patient, we went straight to the OR from the ER and performed trauma-level center care. Jo had a significant fracture, but surgery went very well and she did amazingly well."

"When I met with Jo, I explained to her that a woman her age doesn't typically have this kind of complex fracture," Dr. Thorne recalled. "I have only seen this type of injury in basketball players who come down from a jump and land on their ankle instead of their foot."

Jo is still puzzled as to why the break happened. She has never had a broken bone and has no issues with osteoporosis. She is very grateful that she did not also break an arm or wrist when she fell.



*Jo Arthur's therapy session with Amber Miller, PTA, at the CORE Center.*



Following surgery, Jo was moved to the Acute Rehab floor at Daviess Community Hospital where she began a twelve week stretch of "no weight bearing".

"The Acute Rehab team was wonderful!" she exclaimed. "I was there for nine days and learned so much about how to manage around the house when I went home and how to use a knee scooter and walker to get around. They also emphasized the importance of keeping my good leg strong." Friends of the Arthurs made sure a ramp was built in time for her homecoming. She found that sleeping in a recliner was the most comfortable position as her ankle healed.

Soon after her release from DCH Acute Rehab, Jo began therapy sessions at the DCH CORE Center.

Dr. Thorne was concerned about the damage to her tendons and the healing process. Her cast was taken off on March 1st and she graduated to a walking boot with home exercises assigned for the next several weeks. Jo was delighted to graduate from the boot in early May and to complete her therapy in July.

Jo was thankful that she was able to enjoy time at the beach this summer with her family. "Walking in the sand was a little tricky, but I am grateful I was able to enjoy a vacation without a walker or cane," she said. "I am so grateful to the DCH team for taking great care of me and getting me back to my active lifestyle."

# Register Now!

2nd Annual Spud to Stud 5K



**October 29 | Check in: 7:30 am | 8:30 am start**  
East Side Park  
*310 NE 21st Street, Washington*

**\$25 Participation Fee (includes a shirt)**

*Awards for top runners: Women/Girls ages 10-25; Women ages 25+;  
Men/Boys ages 10-25; and Men ages 25+*

**Fun Run available for kids at 10 am**

*Free mini pumpkins | costume contest*

*All proceeds to benefit:*

 **Daviness Community Hospital**  
*Foundation*





# DCH FOUNDATION RAISES OVER \$33,000 FOR EXPANSION AND RENOVATION

Over one hundred golfers enjoyed sunny skies and warm temperatures which made the day nearly perfect for the 29th Annual Daviess Community Hospital Foundation Golf Benefit. This year's event was held on Thursday, August 11th at Country Oaks Golf Club near Montgomery, IN.

According to Angie Steiner, Director of the DCH Foundation, "Each year we have been fortunate to have many local and regional sponsors and individuals supporting our efforts through donations and players. Everyone comes together to support the Foundation and Daviess Community Hospital projects while having a fun day on the course."

The sponsors and individual players are vital to raising the funds for hospital projects, but the event would not be possible without the volunteers to make it happen. This year, the list of volunteers included those who have benefited from past projects including scholarship recipients, healthcare professionals from the Oncology units and several DCH employees. Each of the tents on the course provided information about the hospital, fun games, and refreshments for the golfers.

"It was great to see so many new and familiar faces assisting with this year's golf outing," remarked Tracy Conroy, DCH CEO. "They are an outstanding group of people who understand the importance of raising funds for the ICU and Emergency Department renovation. The

event was extremely well organized, which shows the dedication and hard work of those who put it together."

This year's event raised more than \$33,000 to support the ICU and ER renovation and expansion project, slated to begin in early 2023. With an estimated cost at more than \$8 million, this project is a significant part of a larger master facility plan encompassing a significant area of the first and second floor of Daviess Community Hospital that includes a renovated medical/surgical unit combined with a state-of-the-art ICU, expanded/renovated emergency department and modernized public and support areas. These updated facilities will equip Daviess Community Hospital to transform the care they provide to Daviess County and the surrounding communities for generations to come.

"We are grateful to those who supported this program through the golf outing this year and we look forward to engaging many in the community as we prepare for a Capital Campaign," Angie Steiner remarked.

**Next year's golf event will again be held on the second Thursday in August. For more information on the Foundation efforts, please contact Angie Steiner at 812-254-8858 or [asteiner@dchosp.org](mailto:asteiner@dchosp.org).**



*This year, we partnered with Golf Charity International on hole #6. The golf pro drove the ball for each team who donated to the DCH Foundation. Her third shot for each team was taken from her knees versus standing.*



1314 East Walnut Street  
Washington, IN 47501  
812-254-2760 • 1-800-356-2077

[www.dchosp.org](http://www.dchosp.org)



*Save the Date!*

## 2022 COMMUNITY HEALTH FAIR

**Friday, November 18th** *from* **7am – 11am**

**SIMON J. GRABER BUILDING  
( 9164 E 875 N, Odon, IN)**

- Free screenings
- Health information
- Reduced prices for EKG, Labs, Mammograms, Pap Smears
- Many vendors
- Door prize giveaways!

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