



HEALTHY TIMES



Home Health Care Nurses Inspired by Patients



Jama Britton, RN (in red) reviews patient scheduling with DCH Home Care nurses Cheryl Kiltz, RN (left) and Anna Joyce, RN (right) in the hospital's Home Care office.

n Nearly 25 years ago, Jama Britton, DCH Home Care Services Nurse Manager, began a career as a registered nurse. Her choice to be a home health care nurse was inspired by an experience with one of the first patients under her care.

"I was working as a nurse in a Bedford hospital," says Jama. "We had a patient who was frequently admitted to our unit and as a result of her long list of medical issues, she was often confused and sometimes unkind to us. When she was on our unit, we all found it challenging to care for her."

When an opportunity arose in the hospital's new Home Care Service, Jama transferred from hospital nursing to home health care. Within a few weeks of starting her new job, Jama was assigned to care for the same patient she found to be the most challenging during her hospital career.

"I was not only surprised, but uncertain how it would be to provide care for this patient in her home," says Jama. "I even questioned if I would be welcome in her home."

NEW SURROUNDINGS

But as Jama made the trip up a long driveway to an old farmhouse, she began to experience something brand-new in her relationship with the patient. "As I took in the surroundings that my patient called home, those uncertainties I had about caring for her started to melt away. It was like I was getting to know her in a totally new way."

As time passed, Jama got to know the patient more and more. Surrounded by the crocheting she loved, her pets, and the family and friends who visited, Jama says it helped her be on a more equal footing with her patient. "Being a nurse

to her was much easier because we were on what I call 'level ground.'

"Home health care allows a nurse to truly experience the entire person in their world, not the institutional world of a hospital. The patient is comfortable in their own home – without the fears that are common to hospitalized patients. It is wonderful and very rewarding for me as a nurse to work with patients this way."

A WEALTH OF EXPERIENCE

Jama is so happy with her career that she will celebrate 20 years of working in DCH Home Care this year. She says the other DCH Home Care Registered Nurses feel the same way, making the staff's total years of experience in home care exceptional. "We have one new nurse who has worked with us for six months. The other nurses on our team have been with us for at least 5 years and on up to more than 20 years."

Jama directs all Home Care Services for the hospital – including home health care, hospice care, and a home response service. The agency is approved by the state of Indiana to provide care to residents of Daviess, Martin, Pike and Knox counties. "We see patients in all four counties."

What does the future hold? According to Jama, home health care is here to stay. "We are doing things today that we didn't do even four years ago, like IV antibiotics for patients with serious infections and wound vacuums for patients with healing needs. With the push to reduce health care costs, home health care will grow – and we will take care of those patients – in the comfort of their own home and on 'level ground.'"

To learn more about DCH Home Care Services, please call **812-254-8950** or visit www.dchosp.org.

Will Medicare Pay for Home Health Services?

Americans older than 65 who are homebound, under a physician's care and in need of medically necessary skilled nursing or therapy may qualify for Medicare-certified home health services.* If eligible, Medicare may pay for intermittent or part-time skilled nursing; physical, occupational and speech therapy; medical social work; and medical equipment and supplies. A physician must authorize and periodically review the patient's plan of care, and the services must be provided through a Medicare-certified home health agency.

* The qualifications for reimbursement of hospice care are different.

Filling Vital Needs

How Does Daviess Community Hospital Benefit Our Community?

When you think of DCH, you may picture people in scrubs rushing around, saving patients' lives with cutting-edge equipment and procedures. While that may be an accurate image in part, the care we provide extends beyond our walls.

We endeavor to support all people in the communities we serve – whether they need life-saving procedures or not. In fact, we work to **prevent** you from getting sick or injured by

offering free screenings at various community fairs and events, educational programs, support groups, CPR and first-aid training and a medication assistance program to help people find low-cost and free prescriptions.

INVESTING IN THE FUTURE

People of all ages can benefit from our free education services – especially children who are the future of our community. We

continued on page 2 ■ ■ ■



New at DCH: Digital Fluoroscopy

a An eight-week, \$450,000 project to create a state-of-the-art digital fluoroscopy X-ray system at Daviess Community Hospital has been completed. Selected for its digital capabilities, enhanced flexibility and compatibility with the hospital's PACS (Picture Archiving and Communication System), DCH radiology technologists began using the system in January.

The new system can do everything from a simple chest X-ray to more complicated GI studies. According to Perry Snyder, Director of the hospital's Radiology Services, "We can use the system for everything from taking a simple chest image to doing a GI study and capturing moving video of a patient's bowel function."

Because the system is capable of producing a wide range of high-quality image studies in less time, it's a significant benefit to both patients and hospital clinicians. "Time, safety, quality and efficiency – those are the four features that are of the greatest benefit to our patients and the hospital," says Snyder.

PATIENT BENEFITS

The first thing that patients will notice is that the new system is much faster. "A chest X-ray can be done in less time than it takes for a patient to put on the gown," says Snyder. "What used to take 15 minutes with the old analogue system, now takes 60 seconds."

Patients are safer because of two design features. "First, our technologists can see the image immediately on a computer monitor in the same room, so they no longer have to leave a patient alone to go to another room to check a study," says Snyder. "Second, because the studies require less time, patients are exposed to less radiation. With the pulse fluoroscopy feature, we are cutting patient exposure to radiation by up to 50%."



More than 15,000 patients will use the new system this year.

For hospital clinicians, the benefit of the new digital fluoroscopy system is most apparent in the high-quality images and time efficiencies. The improved images give DCH radiologists and physicians an advantage in diagnosing and treating their patients. And, with the reduced time for testing, technologists can care for more patients without the hospital operating multiple, costly imaging systems and rooms.

More than 15,000 patients will use the new system this year. It has expansion capabilities for emerging patient needs as well, including the ability to complete angiography and vascular studies.

i To learn more about DCH Radiology Services, please call **812-254-8851** or visit www.dchosp.org.

Airport Full-Body Scanners Don't Pose Radiation Risk

Amid concerns of terrorists targeting airliners, the Transportation Security Administration (TSA) is deploying whole-body scanners at security checkpoints in some U.S. airports. Some travelers wonder whether the radiation from these scanners poses a health risk.

According to the American College of Radiology, airline passengers flying cross-country are exposed to more radiation from naturally occurring cosmic radiation during the flight than from screening by one of these devices. It would take 1,000 airport security scans in a year to equal the effective radiation dose of one standard chest X-ray. And one chest X-ray is equivalent to the amount of radiation exposure we experience from our natural surroundings in 10 days.

Dr. James Gruber Is New ER Medical Director



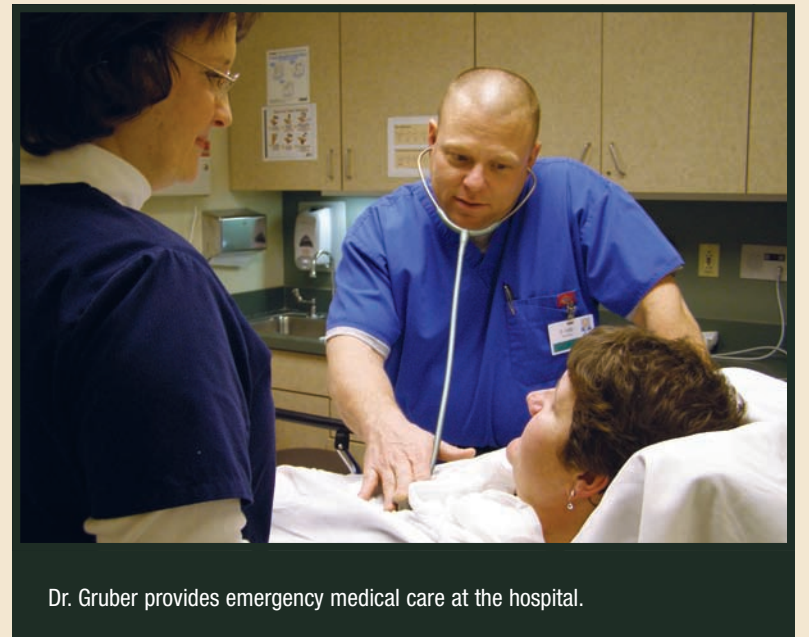
James Gruber, MD
DCH ER Medical Director

j James Gruber, MD, is the new Medical Director of Daviess Community Hospital's Emergency Department. From Saint Meinrad, Ind., Dr. Gruber brings a wealth of experience in emergency medicine services to our community.

As ER Medical Director, Dr. Gruber not only works shifts in the ER, he also schedules and supervises all the emergency physicians who provide care at DCH. "Our physicians and nurses are trained and experienced at saving lives," says Dr. Gruber. "When people have a medical emergency, we are ready to take care of them and provide the care they need, no matter how serious their situation may be."

He completed his medical degree at Indiana University School of Medicine after earning a Bachelor of Arts degree in chemistry from Indiana-Purdue University in Indianapolis. A Battalion Surgeon with the 151 Infantry Army National Guard, he has been an emergency physician at three hospitals in southern Indiana since 2004. He also served as Medical Director for the Vincennes University EMS Program from 2006 to 2008.

Dr. Gruber is Board Certified with the American Board of Family Practice and is a member of the American College of Emergency Physicians.



Dr. Gruber provides emergency medical care at the hospital.

Filling Vital Needs

How Does Daviess Community Hospital Benefit Our Community?

■■■ continued from page 1

teach children to stay safe with first aid and health education programs in our schools.

Our concern for children begins before they are even born. We offer a comprehensive prenatal program that encourages early ongoing care and increases access to prenatal information for families of all income levels.

DCH is also a place to learn for future health care providers who will care for us years from now. We provide mentoring and classroom space for students who are pursuing health care careers.

LOCAL, HIGH-QUALITY CARE

If you or a loved one needs emergency medical attention, the sooner you get to a hospital, the better. With Daviess

Community Hospital easily accessible in Washington, you don't need to waste valuable time traveling to a larger city to find quality care. Our health care providers are committed to providing the highest quality of care locally because they make their homes in this community and care about it – just like you do!

Local health care contributes to the vitality of our community's economy. DCH employs more than 550 people in careers that offer advancement opportunities and generous benefits. We believe in treating our employees with respect because satisfied employees can focus on providing the best care to patients.

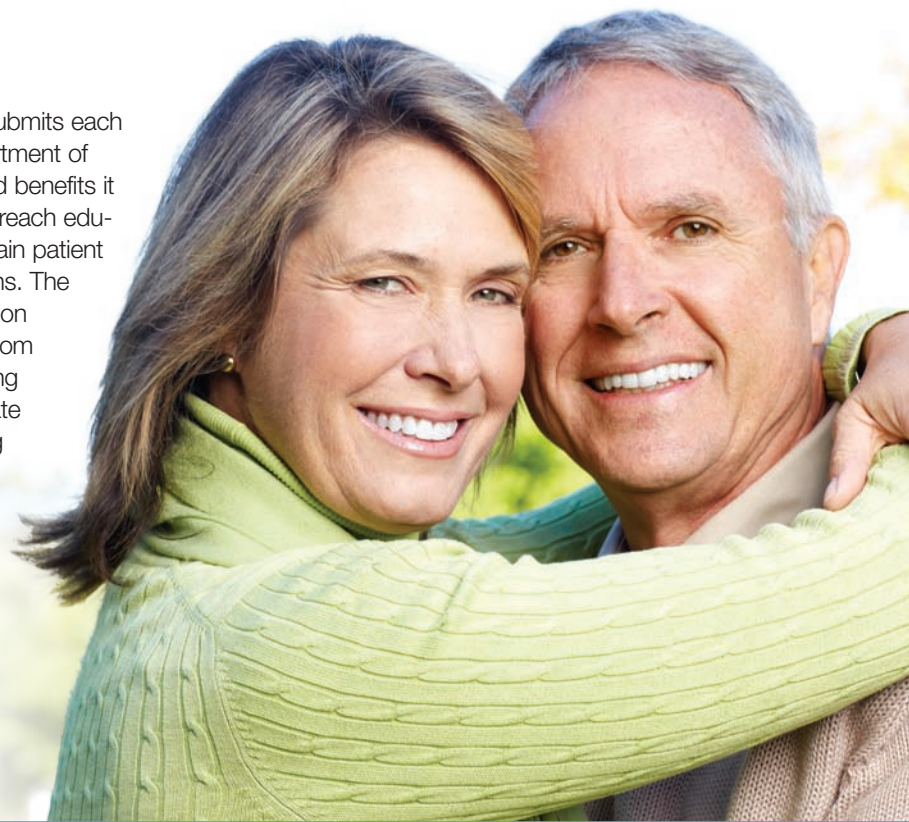
2009 Community Report

From Jan. 1 through Dec. 31, 2009

| | |
|-------------------------------|---------------------|
| Inpatient Days: | 13,612 |
| Emergency Department Visits: | 15,216 |
| Surgeries: | 2,149 |
| Outpatient Visits: | 160,936 |
| Births: | 459 |
| Total Patient Revenue: | \$90,091,197 |

| | |
|---|----------------|
| Deductions from Revenue: | |
| Charity Care and Bad Debt | (\$5,190,456) |
| Discounts for Government Program (Medicare/Medicaid, etc.): | (\$33,349,555) |
| Discounts to HMO/PPO/Commercial Insurance: | (\$6,797,983) |
| Total Employees: | 570 |
| Salaries/Wages/Benefits: | \$26,155,647 |
| Capital Purchases: | \$3,711,213 |

Daviess Community Hospital submits each year to the Indiana State Department of Health a report of unreimbursed benefits it provides to the community, outreach educational programming and certain patient services for high-risk populations. The annual report is public information and is available upon request from Hospital Administration by calling **812-254-8840**, or from the State Department of Health by calling **317-383-6541**.



Donors to the Daviess Community Hospital Foundation

Jan. 1 through Dec. 31, 2009

FRIEND (\$1-\$99)

Bernice Ash
John and Rebecca Baldwin
Melonie Banks
Cindy Barber
Chastity Barker
John Bouvy
Gerald and Bev Bradley
Bonnie Brown
Dennis J. and Melody S. Brunson
Paul C. and Dixie K. Brunson
Rebecca Burch
Connie Burkhardt
JoAnn Clark
Angie Clauss
Dave and Marjorie Cox
Helen Dages
Terri Dant
John and Karen Davis
Cindy Day
L. Diane Day
Donald and JoAnn Dayton
Andrea Dlugosz
Marsha Dyer
James J and June A. Eckerle
Michelle Eckert
Lila Fitzgerald
Tammy Forte
Lindsey Fuhs
David and Mary Lou Gotwald
Sheldon and Ruth Graber
Lisa Greenwell
Kathy Grissom
Leslie Guy
David Harrison
Peggy L. Harrison
Deanna and Hope Heffernan
Paul and Deborah Hill
Sonny and Jeannie Houchins
Sally Hudson-Packer
Melanie Hunter
Jeremy and Jennifer Jerger
Suzetta Jones
Kristina Kavanaugh

Cheryl Kiltz
Ernestine Klees
Ellen Knepp
Steve and Darlene Knepp
Richard and Angie Kribs
Cheryl Maust
Jeff and Anita McDonald
Deborah McKibben
Randy and Teri Menter
Rickie J. and Julia K. Miles-Griffith
Linda Miller
Craig L. and Rebecca L. Monroe
Robert J. and Shirley A. Monroe
Amanda Nutter
Shawna O'Kelley Brinson
Alicia Padgett
Brian and Lourdes Peek
Brenda Quigley
Samuel and Pauline Rippy
Valerie Roark
Cathy Sager
Herbert Scott
Carolyn Sievers
Angela Small
Melissa Smith
Robert and Vicki Snyder
Howard D. Steele
John Steele
Gwen Steyskal
Regina Stoll
Sabrina Stoll
Tom Sumner
John and Linda Thompson
W-V Construction
Amy Waggner
Joie Wagler
Marietta Wagler
Christine Welton
Anna Williams
Clifton and Peggy Wilson
Debra Yancy
Shirley Yoder
Sylvia Aline Young

STEWARD (\$100-\$499)

Deborah Aders
Greg and Jennifer Boyd
Catholic Community of Washington
Daviess Community Hospital Auxiliary
Kelly Halter
Brad and Mickey Hardcastle
Larry and Maureen Harris
Roger and Jan Hurlbut
Indiana Rural Health Association
Joseph Kilps
Joe and Becky Kremp
Matrix Integration, Inc.
Mark Anthony Mazurier
Jim and Sue Pearson
Rick and Ann Perkins
Aaron L. and Casey C. Persohn
QHR (Quorum Health Resources)
RDM Sales and Service, Inc.
Patrick and Mary Jane Roberts
Safeco Insurance Foundation
Kathleen Senn
Anthony and Sally Showalter
Ralph and Mary Smith
Perry Snyder
Betty L. Sprinkle
Wagler and Sons Construction, Inc.
Charles C. and Pamela G. Williams

PATRON (\$500-\$999)

A & A Mechanical Service, Inc.
Allied Collection Service, Inc.
BKD, LLP
Claimaid Consulting Corporation
Daviess Community Hospital
Deaconess Hospital, Inc.
Good Samaritan Hospital
Hinson, Miller, Kickirillo Architects PLLC
Keller Schroeder
Kelly and Marilyn McCullough
RehabCare Group, Inc.
Saint Mary's Health System
Sharer Vision
Maxine Stafford

Vincennes Insurance
Williams Brothers Health Care Pharmacy

PACESETTER (\$1,000-\$2,499)

Diamond Health Group, Inc.
Hall, Render, Killian, Heath, & Lyman, P.C.
Memorial Hospital and Health Care Center
Dr. Dean Sandquist

INVESTOR (\$2,500 AND ABOVE)

Hoosier Insurance and Benefit Strategies
Imaging Diagnostics, Inc.
Vincennes Progress Laundry

Mission: To enhance and complement the mission of Daviess Community Hospital by providing a means for philanthropic support of the hospital and by strengthening relationships between the hospital and the people who live in our communities.

The contributions of the generous donors listed were received between Jan. 1 and Dec. 31, 2009. We make every effort to ensure that this list is accurate. However, if we've inadvertently left you off the list or misspelled your name, please accept our sincere apologies. Please call Mary Smith, Foundation Office Administrator, at **812-254-8858** or send an email to msmith@dchosp.org.

2010 DCH FOUNDATION BOARD OF DIRECTORS

Mr. Sheldon Graber, President
Mr. Alan Goodwin, Vice President
Mr. Brad Hardcastle, Secretary/Treasurer
Mrs. Beth Davis
Dr. Jonathan Frances
Mr. Alan Goodwin
Mr. Gary G. Kendrick
Mrs. Chastity Matthews
Mr. Ken Parsons
Mr. Randy Stoll
Mr. Kenneth Swartzentruber
Mr. Tyson Wagler
Mrs. Pam Williams

DCH Community Events and Opportunities

DCH SPEAKERS BUREAU

Need a speaker for your nonprofit group? We welcome the opportunity to share our knowledge, expertise and caring with your group. Call **812-254-8620, ext. 1141**.

HEALTHY EATING

Medical Nutritional Therapy

Assessment of your eating habits, diet planning and nutrition education with our Registered Dietitian according to your physician's orders. Call **812-257-7559**.

FOR MOMS AND MOMS-TO-BE

Childbirth Class

A series of prepared childbirth classes includes relaxation and breathing techniques, as well as details about all phases of labor and birth, medical intervention, a tour of our OB department and more. Call **812-254-8869**.

FIRST AID, CPR AND LIFE SUPPORT

Save a Life!

First aid, CPR and Advanced Life Support classes offer skills training to respond appropriately to medical emergencies. All classes meet current American Heart Association guidelines. Call **812-254-8620, ext. 1141**.

MANAGING DIABETES WELL

Pre-Diabetes Course

A program to help you prevent the development of diabetes including information about diet, exercise, monitoring and medications. Call **812-254-8866**.

Diabetes Education Course

A series of programs covering basic diabetes management, diet, monitoring, exercise and medications. Call **812-254-8866**.

Medical Nutrition Therapy

A Registered Dietitian will assess your needs, design a plan and instruct you on how to successfully implement a plan. Call **812-254-8866**.

SUPPORT GROUPS

Alzheimer's Support Group

Free support, education and networking for those with Alzheimer's and family and friends of those with the disease. Call **812-254-8620, ext. 1622**.

Breast Cancer Sharing and Surviving Group

Support, education and networking for those experiencing breast cancer and their families and friends. Call **812-254-8892**.

Diabetes Support Group

Free support, education and networking for those with diabetes and their families and friends. Call **812-254-8866**.

Families Facing Cancer Support Group

Support, education and networking for those with cancer and their families and friends. Call **812-254-8892**.

ADMINISTRATIVE TEAM

Mr. Gary G. Kendrick,
Chief Executive Officer

Mrs. Deborah Aders,
Chief Nursing Officer

Mr. Brad Hardcastle,
Chief Financial Officer

BOARD OF GOVERNORS

Mr. Ken Parsons, President

Mr. Eric Moll

Mr. Anthony Showalter,
Vice President

Mr. Deron Steiner

Mrs. Shelly Deem, Secretary

Mr. Michael Taylor,
Commissioner

Mrs. Jeannie Burks

Mr. Anthony Wichman,
Commissioner

Mrs. Julie Helm-Chapman

Mr. Larry Wilson,
Commissioner

Dr. Daniel McCarthy

MEDICAL STAFF OFFICERS

Dr. Jonathan Frances,
Chief of Staff

Dr. Suresh Lohano,
Chief of Medicine

Dr. Michael Baker,
Vice Chief of Staff

Dr. Daniel McCarthy,
Chief of Surgery

Dr. Amy Campbell,
Secretary



1314 East Walnut St., Washington, IN
812-254-2760 • 1-800-356-2077



IN THIS ISSUE:

- 1 ■ Home Health Care Nurses Inspired by Patients
- 1 ■ How Does Daviess Community Hospital Benefit Our Community?
- 2 ■ New at DCH: Digital Fluoroscopy
- 2 ■ Dr. James Gruber Is New ER Medical Director
- 3 ■ 2009 Community Report
- 3 ■ Donors to the Daviess Community Hospital Foundation

This publication does not constitute professional medical advice. Although it is intended to be accurate, neither the publisher nor any other party assumes liability for loss or damage due to reliance on this material. If you have a medical question, consult your medical professional. Images may be from one or more of these sources: ©Thinkstock, ©iStock, ©Fotolia. ©2010 Priority Publications, Inc. priorityresults.com

